

PITCH COUNT SHEET - ARNCLIFFE SCOTS BASEBALL CLUB

Pitcher:.....

Date:....// .. .

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60

Indicate balls with an **X** - Indicate Strikes with an **S**

Pitcher:.....

Date:....// .. .

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
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EXTRACT FROM CSJBA LOCAL RULES

2007-2008.

REVISED AUGUST 07.

PITCHING RESTRICTIONS.

4.09 In all Baseball games no player shall be permitted to pitch and catch in any one (1) game.

4.20 Up to, and including U/14 division, a pitcher may only pitch three (3) innings OR sixty (60) pitches in any one (1) day. In U/16 division, a pitcher may pitch four (4) innings OR sixty (60) pitches. In all age divisions this will be subject to the following:

- (a) Upon reaching sixty (60) pitches the pitcher may complete pitching to the batter in the batting box.
- (b) Any part of an innings pitched shall constitute an innings for the purpose of this rule.
- (c) Subject to the above, a pitcher is limited to throwing forty (40) pitches in an innings. Upon reaching this limit the pitcher must be removed from the position.
- (d) A pitcher having thrown a total of forty (40) pitches is deemed to have thrown a substantial assignment (this is the CSJBA definition of a substantial assignment and only applies to games under CSJBA control).
 - Where a team has nine (9) or more available players who have not thrown a substantial assignment, those pitchers who have thrown a substantial assignment may not take a fielding position.
 - Where a team has eight (8) available players who have not thrown a substantial assignment, a pitcher who has thrown a substantial assignment may play 1st base only.
 - Where a team has less than eight (8) available players who have not thrown a substantial assignment, all available players who have not thrown a substantial assignment must be played in the field. In this situation a pitcher who has thrown a substantial assignment may play 1st base and the remaining pitchers who have thrown substantial assignments may take the other non-battery positions, although it is highly recommended that they do not play 3rd base or shortstop.
 - For the purposes of this rule, available players are those players in the line-up at that time, who are not injured or ill.
 - A pitcher having thrown a substantial assignment may not pitch or catch in subsequent games on that day.
 - Battery positions are pitcher and catcher.

BAT SIZES.

8.09 The CSJBA adopts the N.S.W.B.A. bat guidelines/recommendations for the Sydney Championships for its competition. Present guidelines are:

- Bats used shall be one piece of solid round hardwood, or one piece of hollow metal.
- The limits on bats shall be defined as follows:

Length (up to and Including)	Max Bat Diameter	Max Differential
31"	2¾"	-10
32"	2¾"	-8
33 "	2¾"	-5
Over 33"	2¾"	-3

- The limits on what bats can be used be used in specific competitions so long as they conform to the above limits:

Age Group	Max Length
Under 12	31"
Under 14	32"
Under 16	Unlimited

These measurements may change to comply with any alterations endorsed by N.S.W.B.A.